

HERALD



Join us online or in person as we begin the series "Generation Gap." We hope to see you soon.

VOLUME 14, NUMBER 16

FRIDAY, OCTOBER 13, 2023

571870



Angel Tree Forest Virtual Trees Kick Off Event

It's hard to imagine that in just about 10 weeks, we will be celebrating Christmas with our loved ones.

While the warm temperatures have made it seem like the winter season is far off, it's really just around the corner. Soon, we will be sharing our gifts and presence with one another and creating long-lasting Christmas memories. Some families' celebrations may not look like ours, though, and they may need support to provide gifts or even necessities for their household during the Christmas season. That's why White's Chapel is bringing back the popular giving event, The Angel Tree Forest.



The annual Angel Tree Forest will once again adorn the corridors beginning Nov. 1 – but the **virtual trees will go 'live' Oct. 15, allowing people to get a head start on picking their 'angel' and shopping for gifts.** Through the provided Angel Tree Forest link/QR code, people can start the donation process. Both the virtual and physical trees will allow people to pick 'angels' represented in various areas of crisis. On campus, the 'angels' will be displayed on paper ornaments/tags and hung on trees that correspond with their represented organization or area of crisis. Once an 'angel' is picked, the participant will shop for the requested item(s) and bring them back to the church.

"The virtual trees were started during COVID to allow us to still have [the] Angel Tree Forest," said long-time Angel

CHANDLER'S cont'd on page 2

ANGEL cont'd on page 3

MISSION MANIA

Our third and fourth graders recently filled bags with necessities for those at the Presbyterian Night Shelter. Their eagerness to serve the community is inspiring!

Wednesday, Oct. 25 – A Chandler's Hope Workshop

A Community Discussion on a Remedy to Fentanyl

Almost 110,000 Americans died from drug overdose last year, more than car accidents or gun deaths. Fentanyl is now the leading cause of death for Americans aged 18-45.

Chandler's Hope, the church's addiction ministry, will host "Staying Safe and Informed: A Community Discussion on Fentanyl Overdose" on Wednesday, Oct. 25 in Rawlins Hall from 6 to 7 p.m. Registration is highly recommended

for the workshop, which will follow the Wednesday night dinner in Evans Hall. Fellowship activities for children and teens are also available in various areas of the church.

"This is an important forum," said Rev. Victor Resendiz, Chandler's Hope Director. "In order for us to stay updated on the latest epidemic that is fentanyl--- and as parents--- this is something we need to be on top of for the sake of our children. I can't emphasize enough

how important it is to inform ourselves through forums like this."

Leading the workshop will be Scott Walters, a Regents Professor at the University of North Texas Health Science Center in Fort Worth. His research focuses on ways to help communities reduce drug overdoses and other problem behaviors. He is the steering committee chair for a large National Institute of Health study to

Exercise Improves Mental Health Strategies to Help You Get Started

By Dr. Nina Rios-Doria

This month, I will be attending and speaking at Applied Association of Sport Psychology (AASP) in Orlando, Florida. I am a part of the Special Interest Group (SIG) "Exercise Psychology" within AASP. We will be speaking about the value and benefits of exercise.

As I continue to work and support all aspects of mental health, one of the best ways to reduce anxiety, alleviate depression, and improve overall mood, is to exercise. This doesn't cost money, it's available to all of us, and we can do it anytime.

Today, globally more than 80 percent of adolescents and 27 percent of all adults fail to

meet recommended levels of activity according to World Health Organization. Centers for Disease Control found that In the US and its territories, 25 percent of adults are physically inactive.

The following are three immediate benefits you will have when incorporating exercise into your life.

1. Sleep- Sleep is something I discuss with all my clients

because it is influential in reducing anxiety, being more focused, relieving stress, and increasing productivity. Research has revealed that improving sleep quality had, on average, a medium-sized effect on mental health, including clear evidence that improving sleep reduced depression, anxiety, and stress.

2. Reduces anxiety- Exercise

reduces the feelings of anxiety. According to CDC, 27.3 percent of Americans aged 18 and over have symptoms of an anxiety disorder. Teens and young adults especially are struggling with managing anxiety with the many demands such as: schoolwork, sports, peer groups, social media, etc.

EXERCISE cont'd on page 3



INSIDE THIS WEEK'S ISSUE

WC Music Update
Fall Recipes



Blessing of the Animals
This Sunday | 1:30 p.m. | Pond



Branded.

"You can't build a reputation on what you are going to do." – Henry Ford

By Dr. Todd Renner

Last week, as I was preparing to lead a "new and improved" version of Methodism 101 (and let me please say Thank You to the over 400 folks who turned out), I remembered a staff meeting I was in years ago. Now, it's not every meeting that I remember with such clarity, but something fascinating happened in this one – something worth remembering. We'd all gathered around my laptop, and we watched executives at an industry-leading personal care corporation sputter and balk as they were asked what their "brand" was. Beyond their name, beyond their logo, beyond all their taglines, trademarks, and celebrity endorsements, they were being asked what their product was all about... and the silence was deafening (and, obviously, memorable).

One of the executives tried to define their product by what it did. Another offered that their product's record of success defined it. Still another said that their company's name was all about an unquantifiable "something" – she gave voice to the real dilemma: no one knew exactly what they were selling... or why. Was it a product or was it something bigger?

And their confusion made us think. If someone were to ask us what our "brand" was, what would we say? As a church, are we simply a concoction of all our missions and ministries and

discipleship programs? Are we defined by our reputation for grace and that feeling of "home" that we try to offer? Or are we (hopefully, prayerfully) so much more than that: a place – no, not a place, but a community – that creates more deeply committed followers of the way of Jesus Christ; a community that's been here for over 150 years, offering hope and love and grace in ways that change people's lives with the Gospel.

It's an important question – one we should all consider as it applies to our own lives, spirits, and families. No, it's not that we need to fall into "corporate" ways of thinking, but the lessons and tools of that world can be incredibly clarifying. Who are we? What (and, more importantly, Who) do we represent? What's our "brand," and what's our family's brand? If we were to write a mission statement for our lives, what would it say? Let me encourage each of us to spend some time in prayer this week, asking the Spirit to help us answer that question.

And speaking of "brands," over the next few weeks, Pastor John and I are going to use this space to update y'all about the development of the Methodist Collegiate Church. We're excited to share some of our thoughts, dreams, and passions... and some of the roadblocks we see as, together, we're following the Lord's amazing calling into the next season of our shared ministry in God's name.

STAYING SAFE AND INFORMED:

A COMMUNITY DISCUSSION ON FENTANYL OVERDOSE

WEDNESDAY, OCT. 25 | 6 P.M.
RAWLINS HALL - ROOM 3103

Chandler's

Cont'd from page 1

reduce overdoses in 67 highly impacted communities. Scott lives with his family in Southlake and has been a member of White's Chapel for 16 years. His wife Kelli teaches school in Southlake and his two high-school children are part of the "Rock Star" team that leads worship for children on Sunday.

"People can use this information in several ways," said Walters. "First, they can learn how to identify and support someone who might be at risk of overdose. Second, they can obtain and support the distribution of Narcan, a medication that can reverse the effects of an overdose. Third, they can learn how to dispose of medication that might place others at risk. Finally, they can understand the range of harm-reduction strategies that can be used to reduce overdose deaths in their community."

Fentanyl is a type of synthetic opioid. It is largely made in Mexico and smuggled into the US through legal ports of entry. The flood of fentanyl into the US in recent years has substantially changed the opioid crisis. Nationally, drug overdoses have increased by about 30 percent in the last three years, and the vast majority involve fentanyl. Part of the reason for this is that fentanyl is much

Emergency medical service units average 9.9 minutes from the time of a 911 call to arrival on the scene.

During an opioid emergency, it can only take 4 minutes for brain damage to occur after someone stops breathing, and death can result in another 4-6 minutes.

more potent than heroin or prescription opioids. It takes a very small amount to overdose. The other reason is that fentanyl can be colored and pressed into a pill that looks like something else, like a Xanax or Oxycontin. The increase in overdoses is most prevalent among young people, **most of whom don't realize they are taking a pill that contains fentanyl.**

"I wish this information –and Narcan– had been available eight years ago," said Debbie McKellar, one of the founders of Chandler's Hope. "Chandler was an early victim of fentanyl. This knowledge and application would have saved my daughter's life."

Walters will provide details for attendees to obtain Narcan, possibly without cost. For additional information about Narcan, which is now an over-the-counter drug, visit <https://narcan.com>. Registration for the Chandler's Hope event is available online.

Rev. Victor Resendiz
vresendiz@whiteschapel.org

FINANCIALS OCTOBER			
	October	2023	2022
Week 1		\$163,071	\$220,137
Week 2		\$215,650	\$215,894
MTD Actual		\$378,721	\$436,031
MTD Goal		\$447,414	\$398,782
		\$(68,693)	\$ 37,249
YTD Actual		\$7,673,395	\$7,423,375
YTD Goal		\$7,551,487	\$7,337,490
		\$ 121,908	\$ 85,885

WEEKEND PREACHING SCHEDULE

SANCTUARY

SUN. 8:20 a.m. | Traditional
w/ Drs. John McKellar & Todd Renner

SUN. 9:30 a.m. | Contemporary
w/ Drs. John McKellar & Todd Renner

SUN. 11 a.m. | Traditional
w/ Drs. John McKellar & Todd Renner

THE FOUNDRY

SAT. 5:30 p.m. | Contemporary
w/ Rev. Sam Robbins

SUN. 11 a.m. | Broadcasted
9:30 a.m. Sermon

WALTON CHAPEL

SUN. 9:30 a.m. | Traditional
w/ Rev. Lori Cotton

WHITE'S CHAPEL

HERALD

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CORN CHOWDER

BY: KAREN DICKEY

- 1 large white onion, diced
- 2 carrots, peeled and diced
- 2 stalks celery, diced
- 3 tbsp corn oil
- 3 strips bacon, diced
- 2 cloves garlic, minced
- 1 cup white wine

- 3 cups fresh corn, cut from cobs or canned corn
- 3 cups chicken broth
- 1 cup heavy cream
- 2 tbsp fresh thyme, chopped
- 2 tbsp fresh basil, chopped
- Salt and pepper
- 2 drops Tabasco sauce

Saute onion, carrots, celery, and bacon and the olive until soft. Over medium heat, add garlic and cook for one minute. Add wine and cook 3 minutes. Add corn broth cream and thyme.

Cook until tender; add basil and pepper to taste.

Remove 1/3 of the soup and puree in a food processor or blender. Return to remainder of soup. Add Tabasco and stir.

Serve with toasted croutons or garlic bread.

TURKEY AND BLACK BEAN CHILI

BY: VICKI LEECH

- 1 pound ground turkey
- 1 onion, chopped
- 1 cup celery, chopped
- ½ cup carrots, shredded
- ¼ cup canned green chilies, chopped and drained
- 2 cloves garlic, finely chopped

- 1 ½ tbsp chili powder
- 1 tsp ground cumin
- ½ tsp salt
- 2 (28 oz) cans tomatoes, crushed
- 2 (16 oz) cans black beans, drained and rinsed

In a large nonstick skillet, cook the ground turkey, onion, celery, carrots, green chilies, and garlic over medium heat for about 6 minutes until the turkey loses its pink color, stirring often to break up the turkey. Drain off any excess liquid and transfer the mixture to a large soup pot.

Add the chili powder, cumin, and salt and stir for one minute. Stir in the crushed tomatoes and black beans and bring to a simmer. Reduce the heat and simmer, uncovered, for about 30 minutes, stirring occasionally. Serve hot.



WC Music Ministry

Open Choir Rehearsals for the Christmas Worship Experience

Come join the excitement of singing with the chancel choir for "There is a King" on Dec. 9 and 10. Join us on Sundays from 5 to 6:30 p.m. in the Music Rehearsal Hall. Packets of music are available as well as listening tracks and rehearsal notes. Enjoy familiar carols and songs of the season that will augment the actors, dancers, soloists, and Holy Family as we celebrate the advent of the Christ Child.

Shaunna Fuller | sfuller@whiteschapel.org

Handbell/Choirchime Ministry

Each Monday evening, we offer three levels of handbell classes directed by our own Arnold Rawls.



From beginner to advanced offerings, you are sure to find a place to learn and have fun. The Silver Bells Choir (meets from 4 to 5 p.m.) is for ringers who are at least 65 years old with no previous bell ringing or music reading experience. The Intermediate Handbell Choir (meets from 5:15 to 6:15 p.m.) is for those who read music and want to improve their handbell technique. The Advanced Handbell Choir (meets from 6:30 to 7:30 p.m.) consists of experienced ringers

who read music and are up to the task of ringing challenging repertoire.

Arnold Rawls | arawls@whiteschapel.org



Children's Music Ministry

White's Chapel offers music for children of all ages, taught by our talented and musically-trained, Sarah Bryson. Does your four-year-old or kindergartner want to perform at the Children's Christmas Eve service? Make sure to come to WC Kids' Wednesday night programming to learn the music with Ms. Sarah in Room 7 from 6 to 7 p.m.

Although registration-based classes are already in swing for this semester, registration will open again soon for the spring semester! Toddlers ages 1 – 3 can participate in a weekly mommy-and-me music group, and students in first - sixth grade can join the Arts Academy class that meets on Tuesdays from 4:30 to 6 p.m. If you have questions about opportunities for your little musician, please email Ms. Sarah.

Sarah Bryson | sbryson@whiteschapel.org



OPEN Chancel Choir REHEARSALS

Meeting on Wednesdays during the Fall semester 6 - 7:30 p.m.

All are welcome!
No auditions necessary.
Childcare available.

Exercise

Cont'd from page 1

3. Reduces blood pressure- Exercise has many physical benefits. One immediate benefit is decreasing blood pressure.

There are also long-term health benefits. Exercise supports brain health which reduces the risk of developing dementia and this includes Alzheimer's disease. It also reduces depression. Exercise strengthens your heart, which lowers the risk of heart disease, stroke, and type 2 diabetes. It's also been found to lower the risk of eight cancers. As you age, exercise is also beneficial to bone health, balance, and coordination.

How is your exercise routine today? Is it one of your values that you are intentional and deliberate about? Do you have specific behaviors you incorporate into your daily life that reflect this value?

In the book "Excusercise" by Dr. Sachs & Dr. Cohen, they examined 50 of the most used excuses based on research and found the most "common" excuses encountered were "not enough time," followed by "too tired" and "other responsibilities."

Many people today struggle to find the time and the energy to exercise. After reading the immediate and long-term benefits, hopefully you will be motivated to make exercise a priority in your life so that you can live a life of longevity and improve overall physical and mental health.

To get you started, here are two ways to begin a new habit recommended in the book "Atomic Habits" by James Clear.

1st - Habit Stacking – Pair a new habit with a current habit. For example, "After I (CURRENT HABIT), I will (NEW HABIT).

For example, After I take off my work shoes (current habit), I will immediately change into my workout clothes (new habit). The key is to tie in your desired behavior, which would be exercise, into something you already do each day.

Take time now to think of your current habits and make a list. Remember set realistic expectations. Commit to 2 minutes of daily exercise for a week, increase to 5 minutes the second week, and continue increasing it week to week, even if it's just an extra minute. The goal is to make exercise become a habit.

2nd - Temptation Building – Pair exercise with something you enjoy doing. For example, watch your NETFLIX show while you cycle on your stationary bike, listen to your favorite podcast while you walk, etc. You can also reward yourself after you exercise. For example, after you exercise, you will make dinner and watch TV.

The key is to commit to the new habit, write it down, and start small. Remember, the reasons you are committing to exercise is to feel good mentally, physically, and live a life of longevity.

Dr. Nina Rios-Doria is a Licensed Professional Counselor in the White's Chapel Counseling Center.

Dr. Nina Rios-Doria, PhD, LPC
nrios@whiteschapel.org



ANGEL TREE FOREST

Celebrate the season with a gift of love

Oct. 15 | Virtual trees available online
Nov. 1 | Physical trees available in the concourse

Angel Tree

Cont'd from page 1

Tree Forest leader and volunteer, Martha Reukema. "We had talked about them before but did not know how well they would be received and were afraid it would take away from the experience of selecting tags from the [physical] trees. However, our congregation adapted very well, so our virtual trees continue and kick off October 15... All the groups we are supporting this year are featured on the virtual trees, so feel free to take your time and learn about the different types of gifts and where they go. Choose the one(s) that touch your heart! Make this a family or group effort and have some fun shopping. If you would like to adopt an entire family, that is easy to do on the virtual trees."

This event, running through Dec. 3, is a special donation experience that is unique to White's Chapel, and it has been a long-standing tradition for about 17 years. This year, leaders are excited to embrace a new look for the popular event.

"The Altar Guild always does wonderful work on our trees and this year is no exception," said Reukema. "There is lots of excitement about the Winter Wonderland theme in our 2023 Forest with the new decorations! We can't wait to see it!"

As people may have noticed, the graphic for the event has changed from a bright red image to that featuring a snowy wonderland, perfect for imagining a magical time of year – and a magical time to give. Both the trees and all the signage surrounding the trees will match this classic Christmas aesthetic.

Each year, names of 'angels' are given to the Angel Tree Forest leaders through various vetted organizations. There are various new organizations that will be represented in this year's Angel Tree Forest including: Operation Homefront (assisting military families and veterans) and DRC Palm Tree (affordable housing). Returning organizations include: O.H. Stowe Elementary of Birdville ISD, Van Zandt-Guinn Elementary of Fort Worth ISD, Bellaire Elementary School of HEB ISD, the Grapevine Housing Authority, the Presbyterian Night Shelter, Lighthouse (serving children in the hospital for cancer and their parents), JPS Foundation (Tarrant County), Mercy House (Colleyville), and



Additional Herald features will highlight volunteer needs as well as the various organizations represented in this year's Angel Tree Forest. For more information about getting involved in this year's Angel Tree Forest or about the virtual trees, please contact Martha Reukema, mreukema@mac.com.

Pregnancy Help 4 You (Keller), the Patriot House (which serves veterans), SPOKES 4 Hope, and the WC soldier ministry. Families in crisis are also included and represent those who are currently in shelters or involved with local children's agencies.

A typical 'angel' tag will list the name of the individual who will receive the item and the requested item(s). The cost generally ranges from \$25-40 per 'angel' and the number of items on each tag may vary.

Once gifts are purchased, participants can hand-deliver the items to the Angel Tree Forest in the concourse any time the church doors are open (regular business hours). Curbside drop-off will be available at the east 'Welcome' on Nov. 8, 15 and 29 from 4 to 6 p.m. In addition to donating items, volunteers can get involved by sorting or delivering items to the various locations they will be distributed.

"So many of the recipients tell us how grateful they are to receive the gifts and you can see the revival of hope and joy on their face and in their step," Reukema shared. "They walk away with a smile that was not on their face when they arrived showing the revival... Yes, I see God in each gift both in the recipients and the givers at WC."

Each Sunday Morning, volunteers will be available in the concourse, by the Angel Tree Forest area, to answer any questions. Posters with the QR code will be displayed on campus for people to easily access the link to the virtual trees.

"All gifts must be returned by Sunday, Dec. 3," Reukema said. "There is only a week [of the] Angel Tree Forest after Thanksgiving, so we encourage you to plan your shopping early..."

Janey Bond, one of the co-leaders shared, "[the] WC Angel Tree Forest is one of my favorite Christmas traditions. Whether shopping for Angel Tree gifts with my kids, making new friends while setting up trees, experiencing the joy on recipients' faces, or standing in awe of the amazing team of Angel Tree volunteers; WC Angel Tree Forest is a great witness to God at work in our community."

To help determine which gift(s) to select, consider the following questions...

- Where do I personally feel a close connection?
- Which tree keeps attracting my attention, almost calling my name?
- Where do I see the most need? If you are often out-of-town or too busy... perhaps you would like to make a Walmart gift card donation and have a volunteer shopper do the shopping for you. Talk to one of the leaders to get more information.

COMMUNITY CONNECTIONS

Serving with Love

Oct. 21, Nov. 18 & Dec. 16 | 5-7 p.m.
Presbyterian Night Shelter in Fort Worth

On the third Saturday of each month, White's Chapel volunteers travel to the Presbyterian Night Shelter in Fort Worth to serve women and children who are homeless or victims of domestic violence. Volunteers meet at the Morris Shelter at 5 p.m. to serve dinner and provide love, encouragement, and fellowship to the residents. Registration is required and all volunteers. Families with kids 12 and over are welcome. For questions or additional information, please contact Dedra Moffat at dmoffat@whiteschapel.org.

2024 WC Mission Trips Informational Meeting Tuesday, Oct. 17 | 6:30-7:30 p.m. Room 2233 (Upstairs in Evans Hall)

Are you ready to take that first step and participate in a White's Chapel mission trip, but don't know where to get involved? We will have an information meeting on Tuesday, Oct. 17, to learn all about planned adult mission trips for 2024. We have two international trips and three domestic trips already planned for 2024 with missions catering to men, women and both.

Join us on Tuesday, Oct. 17 from 6:30 to 7:30 p.m. in Room 2233 (upstairs in Evans Hall) to learn more of what God has in store for you.

If you have any questions, contact Joy Roberson in the Missions office. jroberson@whiteschapel.org

CAF Trip to the State Fair of Texas Thursday, Oct. 19 | 9 a.m. – 5:20 p.m. \$18 plus cost of food/extras

Meet at the Richland Hills TRE Station
Join Classic Adult Fellowship for "Senior Day" at the fair. Enjoy a relaxing TRE Train ride to the gates of the fair, followed by fun with friends walking the fairgrounds; we won't have to worry about driving, traffic, or parking – just having a fun day at the fair! Meet at Richland Hills TRE Station no later than 9:30 a.m. (to board 9:44 a.m. train) 7225 Burns St., Richland Hills 76118 (Handley-Ederville Rd. at Hwy. 121) The cost for the TRE Train is \$3 for Seniors (Laurie will help you at kiosk when you arrive). All-day, reduced, regional ticket covers the TRE ride as well as DART connection in Dallas. The cost to enter the fair is \$5 on Senior Thursdays (pay at the gate). The cost for food and extras will be up to participants. No online sign-ups are required for this event since we do not need a bus or prepaid tickets. Everyone will meet at the TRE Station and enjoy the fair together.

For more information, contact Laurie Williams at lwilliams@whiteschapel.org.



Get your own WC apparel today at Circuit Writers Books & Such! Now available for purchase in the church bookstore, there are White's Chapel branded t-shirts, hats, and sweatshirts as well as God Is Big Enough tumblers and dog collars. Prices vary, and proceeds go to WC Missions (proceeds for the dog collars will benefit Operation Kindness).

Wednesday Night
FELLOWSHIP DINNER
Oct. 18 | 5-6 p.m.

<i>Entrée</i> Pot Roast with Carrots and Potatoes	<i>Soup</i> Chicken Noodle
<i>Sides</i> Black eyed peas, cornbread	<i>Dessert</i> Fruit Pies

Blessing **OF THE**
ANIMALS

Church and community members welcome!

SUNDAY, OCT. 15 | 1:30 P.M.
WC AMPHITHEATER & POND

All animals must be on leashes, in halters, or in closed cages. All animals must also have a parent. Registration is not required.

wcKIDS
Fall Family and Friends!

Saturday, Oct. 28
3-5 p.m. | WC Parking Lot

This event will include all things "fall" including pumpkins, games, crafts, a bounce house, and outdoor fun!
Preschool - Second Grade

WC Theater 1 Presents
Willy Wonka Kids

Thursday, Oct. 26 & Friday, Oct. 27
7 p.m. | The Foundry

WAYS TO GIVE
AT WHITE'S CHAPEL

- TEXT**: TEXT "WCMC" TO 77977
- ONLINE**: GIVE ONLINE AT WHITESCHAPEL.ORG
- CASH**: CHECKS PAYABLE TO "WHITE'S CHAPEL"
- APP**: CLICK "GIVE" AT THE BOTTOM RIGHT

WHITE'S CHAPEL | 185 S. WHITE CHAPEL BLVD. | SOUTHLAKE TX, 76092

Prayer List

Ivy Nell Alspaw, Jan Anderson, Olen Baley, Carol Barret, Walt Barret, Jerry Barron, Beverly and Barry Belshaw, Michelle Birmingham, Bethia Blomquist, John Bloom, Phil Bogan, Janis and Ralph Bond, Cara Bradshaw, Quinn Bradshaw, Kay Brandt, Marlin Brandt, Cheryl and Ernie Brashear, Debbie Brown, Ruby Buffalo, Bobbie Cameron, Gary Carter, Connie Center, Ralph Choppy, Delilah Clapp, Kim Coard, Carey Cockerell, Carolyn Cockrell, Jim Cox, Norm Cox, Steve Cullen, Treva and Kevin Cunningham, Agnes Davidson, Andrew Davis, Steve Dowd, Debbie and Richard Dreyfus and Family, Tommy Duer, Bobbi Dunbar, Wilma Dykman, Steve Easter, Dennis Eaton, Lucy, Stuart and Anna Ericson, Adam Evans, Ralph Evans, Cathy Fisher, Dorothy Fontana, Diane Franks, Sam Fryer, Evangeline Gant, Billie Jean Garner, Morris Gates, Earl Geddes, Jeanne Gerlach, Larry Gessner, Carolyn Gillum, Brenda Glimstad, Mary Golden, Jane Grazer, Tim Green, Curtis Griffith, John Guthrie, Robert Gutierrez, Judith Hallam, Al Hansen, Ellen Hartenbower, Kay Hasseltine, Maxie Hays, Joe Hennig, Dana Hicks, Jarrett Hodnett, Leahsa Holcomb, Mason Holekamp, Bob Horn, Kenneth and Eloise Horne, Dennis Howry, Mary Howry, Elyse Huettl, Israel, Claudia Jenkins, Sheri Jones, Luke Karel, Cooper Kohan, Dolores Kopeseck, The Bruce Krieger Family, Linda Kurtz, Marge Kyle, Sam Lapp, Saprina LeDay, Tim Lewinski, Rich Limato, Liz McAllen, Joey McCardel, Ernestine McCrary, Lorraine McMillan, Ryan and Kate Merrin, Sheldon Metz, Kelli Meyers, Bobbie Miller, Mary Miller, Buddy Mincey, Richard Moreau, Thomas W. Morris, Nelda Morrow-Winblood, Paris Morse, Rochey Murray, John Nadeau, Lauren Ohmstede, Veronica Oporto, Harvey Ozmer, Roderick Page, Oleta Paige, Marna Parker, Jennifer Parks, Barbara Pico, Kathy Pierce, Debrah Prewit, Jim and Mary Renner, Durrell Roddy, Johnnie Ruth Rogillio, Dan Russell, David Russell, Jared Russell, Jeri Russell, Ann Sawyers, Gary Schneider, Wesley Schultz, Anji Singh, Bruce Slocum, Alan Small, Steve Smith, Christie Soileau, Sid Soileau, Bill Splichal, John Stamper, Nancy Steffel, Sherrie Stoecker, Sara Sturtevant, Jim Swanson, Cathy Tanner, Cathy Tanner, Gary Taylor, Hannah Taylor, Carolyn Thompson, Shane Thompson, Jenny Thornell, Bill Thornton, Buster Thrasher, Carter Timms, Sharon Valentine, The Viebig Family, Charlene Wahrmond, Barbara Walker, Pat Warner, Charlene Weseloh, Pat White, Glenn Whittington, Steven Wilbracht, Helen Wilson, Elaine Wingate, Leigh Winzeler, Lynn Wolford, Abby and Ian Worley, Annie Wright, Bob Wright, Brenda Wyatt, Jan, Miranda, Robin.

Recent deaths: The Family of Jason Crawley, The Family of Peggy Ferguson, The Family of John Grubar, The Family of Tori Jackowski, The Family of Barry Johnson, The Family of Joan Lakin, The Family of Phyllis Manginelli, The Family of Ray McCurry, The Henry Mortimer Family, The Family of Everett Plummer, The Family of Billie Ragsdale, The Family of Linda Ratliff, The Family of Mark Shelton.

You may submit prayer requests at whiteschapel.org/prayer-request.html or use the QR code.

